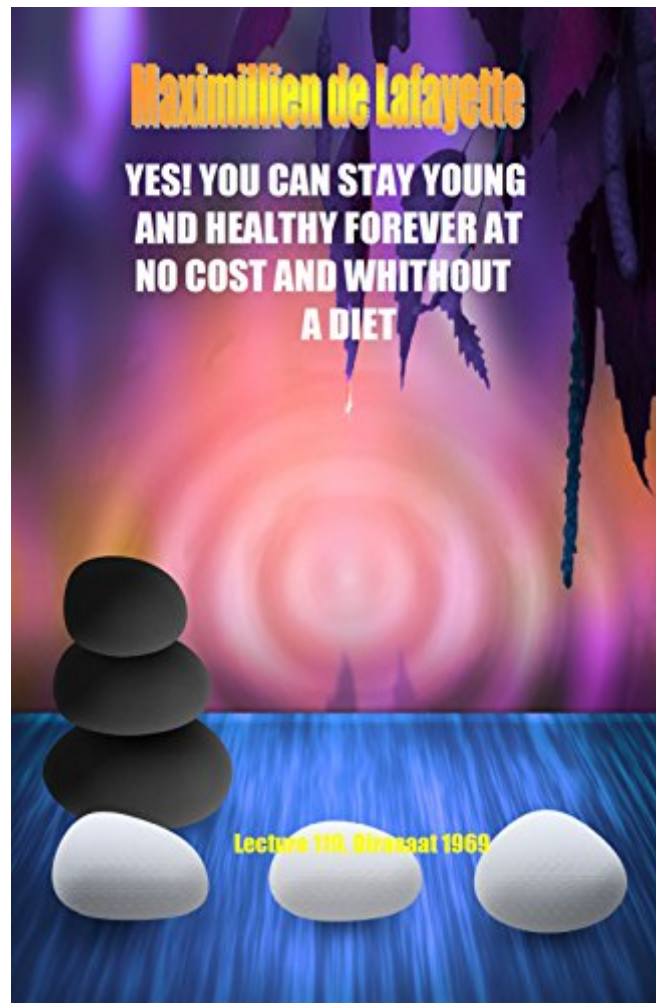


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# **Yes! You Can Stay Young And Healthy Forever At No Cost And Without A Diet. Lecture 119, Dirasaat 1969: Just Use The Power Of Your Mind.**



## Synopsis

Yes! You Can Stay Young And Healthy Forever At No Cost And Without A Diet. Lecture 119, Dirasaat 1969The Anunnakiâ™s primordial interaction with the early human beings in Phoenicia, Mesopotamia and Sumer created the longevity of many kings in the Near/Middle East, including the Biblical Patriarchs. You can stop the process of aging by using the power of you mind. Yes! You can stay young, physically and mentally and you will never look old if you follow the instructions of the Enlightened Masters. Here is one of their mind-bending techniques.From the contents:â€¢Aaba.â€¢I. Definition and introduction.â€¢II. The Concept: We are not programmed to age.â€¢The Kiraâ™at.â€¢III. Is it possible to stay and look young forever?â€¢The Ulema said yes!â€¢IV. From the Secret Doctrine of the Ulema.â€¢V. At the time we were created, three things happened to us.â€¢The brain motor.â€¢Vibrations, frequencies, and luck in life.â€¢Creation of a place for the vibrations of our mind.â€¢The conduit=health/youth/longevity.â€¢Active Conduit.â€¢Inactive Conduit.â€¢Everything is found in your Brainâ™s Conduit.â€¢VI. Can you teach me how to stay young for the rest of my life?â€¢Some of the Ulemaâ™s guidelines and techniques.â€¢Ulemaâ™s Technique.

## Book Information

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## Customer Reviews

While I think the data supports energy vibrations as the key to success, this book veers into a whole new area that I didn't find a convincing argument to support. The action items border on silly I feel.

An interesting take on staying young and positive. It could very well be that our minds have more power than we give them credit. Nothing is impossible. Even if this technique doesn't work for everyone it definitely makes for an enjoyable mind vacation.

I found it interesting that there lay a common thread found in all self betterment projectiles of wisdom...it is all surmounted to individual belief. It is well worth the read.

This short ebook was really good and the technique is simple to do. If you want to learn to stay young then why not try this little ebook a try.

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